

Recovery From Death and Divorce



The common denominator in both death and divorce is loss. The major issues that often prevent recovery are failure to forgive and inability or unwillingness to establish a new dream for one's life. Designed for those who have endured loss and for those who desire to better understand the grieving and rebuilding process, this very powerful and authentic presentation draws not only from Jerry and Lynn's expertise but from their personal experiences.

I. Issues to Address

A. Loss of the spouse

B. Forgiveness

1. In death

a. Forgive _____

b. Forgive _____

c. Forgive _____

2. In divorce

a. Ask _____

b. Forgive _____

c. Forgive _____

Forgiveness does not necessarily mean _____

Forgiveness defined: I release _____

C. Loss of the dream

Establish _____

D. Singleness

Opportunity _____

II. Common Denominators in Recovery

"The pain felt at the time of loss is in direct proportion to the

_____ "

A. "Circle the wagons!"

1. Do _____

2. Obtain _____

B. Environment

" _____ "

C. Pain, praise, and prayer

D. Identity transition

"Different does not mean _____,

_____ "

III. Final Word About Death...

IV. Final Word About Divorce...