

MARRIAGE MATTERS / RELATIONSHIPS MATTER

Additional Resources*

***See page 8 for additional information and counseling services.**

Occasionally web sites change. All the sites listed below were correct at the time of this printing, 1-1-23.

MARRIAGE

GENERAL INFORMATION

The Seven Principles for Making Marriage Work John Gottman

Feeling Good Together David Burns

Nonviolent Communication: A Language of Life, 3rd Edition Life-Changing Tools for Healthy Relationships

Dr. Marshall B. Rosenberg

One Family At a Time: Restoring the Soul of America Through God's Plan for Your Marriage and Family Dennis Rainey

How We Love and How We Love Workbook Milan and Kay Yerkovich

The Love Dare Stephen Kendrick, Alex Kendrick

Getting the Love You Want Harville Hendrix

The First Five Years of Marriage Phillip Swihart

Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even If Your Parents Didn't John Trent and Larry Weeden

Love and Respect Emerson Eggerichs

The Five Love Languages: How to Express Heartfelt Commitment to Your Mate Gary Chapman

Too Close to the Flame: Recognizing and Avoiding Sexualized Relationships Dr. Gregg Jantz

Making Love Last Forever Gary Smalley

Boundaries in Marriage Drs. Henry Cloud and John Townsend

Covenant Marriage Dr. Fred Lowery

The Two Sides of Love; Using Personality Strengths to Greatly Improve Your Relationships Gary Smalley and John Trent

As For Me and My House: Crafting Your Marriage to Last Walter Wangerin

Loving Your Marriage Enough to Protect It Jerry Jenkins

Hidden Keys of a Loving Lasting Marriage Gary Smalley

Love Busters Willard Harley

The Love List: Eight Things That Make a Big Difference in Your Marriage Drs. Les and Leslie Parrott

Sex Begins in the Kitchen Kevin Leman

Sixty-Minute Marriage Builder Rob Parsons

Surviving a Spiritual Mismatch in Marriage Lee and Leslie Strobel

New Baby Stress David and Claudia Arp

Your Marriage Can Survive a Newborn Glen and Natalie Williams

www.enddivorce.com

www.family.org

LATER YEARS

See also resources under **Coping with Aging Parents**

How to Survive and Thrive In An Empty Nest Janette and Robert Lauer

The Second Half of Marriage David and Claudia Arp

Men in Midlife Crisis Jim Conway

Respecting Your Limits When Caring for Aging Parents Vivian Greenberg

Empty Nesting: Revisiting Your Marriage When Kids Leave Home David and Claudia Arp

Complete Guide to Caring for Aging Loved Ones Betty Free

A Caregivers Survival Guide Marshall Strom

The Final Mile: A wife's Response to Her Husband's Terminal Illness Faye Landrum

BEFORE MARRIAGE

Saving Your Marriage Before It Starts Drs. Les and Leslie Parrott

Lies at the Alter Robin Smith

The Hard Questions: 100 Essential Questions to Ask Before You Say 'I Do' Susan Piver

Before You Say 'I Do': A Marriage Preparation Manual for Couples H. N. Wright

Before You Remarry H. N. Wright

MARRIAGE IN CRISIS

See also resources under **Sexuality, Parenting, and Additional Challenges**

When Love Turns to Fear: Answers From an Abuse Survivor Allison Ogden

Setting the Captives Free: A Christian Theology for Domestic Violence Ron Clark

The Enabler: When Helping Hurts the Ones You Love Angelyn Miller

Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness Dr. Archibald Hart

Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse
Paul Hegstrom

Torn Asunder Workbook: Recovering from Extramarital Affairs Dave Carder

How to Help Your Spouse Heal From Your Affair Linda Macdonald

Surviving an Affair Willard Harley

When Bad Things Happen to Good Marriages; How to Stay Together When Life Pulls You Apart

Drs. Les and Leslie Parrott

Love Must Be Tough; New Hope for Marriages in Crisis Dr. James Dobson

Hope for the Separated; Wounded Marriages Can Be Healed Gary Chapman

Healing the Hurt in Your Marriage; Beyond Discouragement, Anger, and Resentment to Forgiveness

Dr. Gary and Barbara Rosberg

Spiritual Mismatch Les and Leslie Strobel

Unequally Yoked: Staying Committed to Jesus and your Unbelieving Spouse Miranda Chivers

Feeling Good Together Dr. David Burns

Spiritual Warfare in Marriage Bill Stonebraker

www.affairrecovery.com

INFERTILITY

Empty Arms: Emotional Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy Pam Vredevelt

When the Cradle is Empty: Answering Tough Questions About Infertility John and Sylvia Van Regenmorter

The Infertility Companion Sandra Glahn and Dr. William Cutrer

Adopting After Infertility Patricia Johnson

FAMILY FINANCES

Five Steps to Successful Money Management Lee Davis

Financial Peace Dave Ramsey

Storm Shelter, Protecting Your Personal Finances Ron Blue

Taming the Money Monster Ron Blue

No Debt No Sweat Steve Diggs www.nodebtносweat.com, (615) 834-3063

Debt-Proof Your Marriage and Debt-Proof Your Marriage Workbook Mary Hunt

www.marriagebootcamp.com online lecture course allowing questions in real time

FAMILY AND THE MILITARY

Heroes at Home: Help and Hope for American Military Families, 2nd edition Bethany House

When Duty Calls: A Handbook For Families Facing Military Separation Carol Vandesteeg

The 5 Love Languages; Military Edition. Gary Chapman and Jocelyn Green

Faith Deployed: Daily Encouragement for Military Wives Jocelyn Green

SEXUALITY

GENERAL INFORMATION

Too Close to the Flame: Recognizing and Avoiding Sexualized Relationships Dr. Gregg Jantz

Sheet Music Kevin Leman

The Book of Romance, What Solomon Says About Love, Sex and Intimacy Tommy Nelson

Intimate Issues: Conversations Woman to Woman 21 Questions Christian Women Ask About Sex Linda Dillow and Lorraine Pintus

The Sexual Man Dr. Archibald Hart

Secrets of Eve, Understanding the Mystery of Female Sexuality Dr. Archibald Hart, Dr. Catherine Hart Weber and Debra Taylor

Sex Begins in the Kitchen Dr. Kevin Leman

SEXUAL ABUSE IN CHILDHOOD

The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse and workbook Dr. Dan Allender

When the Man You Love Was Abused: A Woman's Guide to Helping Him Overcome Childhood Sexual Molestation Cecil Murphey

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(SEXUAL ABUSE IN CHILDHOOD, cont)

When a Woman You Love Was Abused: A Husband's Guide to Helping Her Overcome Childhood Sexual Molestation Dawn Scott Jones
Allies In Healing: When the Person You Love Was Sexually Abused as a Child Laura Davis
Journey to Heal: Seven Essential Steps of Recovery for Survivors of Childhood Sexual Abuse Crystal Sutherland
(See also resources under ADDITIONAL CHALLENGES)

SAME SEX RELATIONSHIPS

People to be Loved Preston Sprinkle
Living in a Gray World: A Christian Teen's Guide to Understanding Homosexuality Preston Sprinkle
Strength in Weakness Guy Hammond
Washed and Waiting Wes
Loves God, Likes Girls Sally Gary (see www.centerpeace.net)
When Homosexuality Hits Home: What to do When A Loved One Says They're Gay Joe Dallas
Washed and Waiting: Reflections on Christian Faithfulness and Homosexuality Wesley Hill
Torn: Rescuing the Gospel from the Gay-vs-Christian Debate Justin Lee
Understanding Sexual Identity: A Resource for Youth Ministry Mark Yarhouse
Messy Grace: How a Pastor with Gay Parents Learned to Love Others Without Sacrificing Conviction Caleb Kaltenbach
Stranger God: Meeting Jesus in Disguise Richard Beck
CENTERPEACE: A Place to Belong Resources for individuals and families affected by same sex attraction www.centerpeace.net

PORNOGRAPHY

(See also resources under SEX ADDICTS AND THEIR SPOUSES)

Out of the Shadows Patrick Carnes
Don't Call it Love: Recovery From Sexual Addiction Patrick Carnes
Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction Gary Wilson
In the Shadows of the Net: Breaking Free from Compulsive Online Sexual Behavior Patrick Carnes and Davie Delmonico
The DRUG of the New Millennium Mark Kastleman
Pure Desire Ted Roberts
An Affair of the Mind Laurie Hall
False Intimacy Harry Schaumburg
Kids Online, Donna Rice Hughes
Talking With Teens About Sexuality Drs. Beth Robinson and Latayne Scott
Healing the Wounds of Sexual Addiction Mark Laaser
Men Confront Pornography Michael S. Kimmel
Every Man's Battle and *Every Young Man's Battle* Stephen Arterburn
Every Woman's Battle and *Every Young Woman's Battle* Shannon Ethridge
www.accountable2you.com (online accountability program across devices)
www.xxxchurch.com (online accountability program and preventive resources for parents and teens)
www.covenanteyes.com (877) 479-1119 (online accountability)
www.yourbrainonporn.com (research on internet porn)
www.fightthenewdrug.org (links to various resources and research)
www.gustodio.com (indexes programs to monitor use on all devices by your smart phone)
www.settingcaptivesfree.com (330) 620-8448 (free 12 step internet interactive program for sexual and other addictions)
www.safekids.com (801) 596-3119 (provides rules and contracts for parents with children online)
www.wefightporn.com *The Mouse Trap: The Dangers of Internet Pornography* (Workbook and DVD series—not intended to replace recovery programs)
<https://www.covenanteyes.com/resources/download-your-copy-of-the-pornography-statistics-pack/> excellent resource on pervasiveness of pornography, 2018 edition

FOR SEX ADDICTS AND THEIR SPOUSES

(See also resources under PORNOGRAPHY)

No Stones: Women Redeemed from Sexual Shame Marnie Ferree
Breaking Free: Understanding Sexual Addiction and The Healing Power Of Jesus Russell Willingham and Bob Davies
Shattered Vows: Hope and Healing for Women Who Have Been Sexually Betrayed Debra Laaser
Open Hearts: Renewing Relationships with Recovery, Romance & Reality Patrick Carnes
Addicted to Love: Understanding Dependencies of the Heart, Romance, Relationships and Sex Stephen Arterburn
Don't Call it Love: Recovery From Sexual Addiction Patrick Carnes
Your Sexually Addicted Spouse Barbara Steffens
www.bethesdaworkshops.org

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(FOR SEX ADDICTS AND THEIR SPOUSES, cont)

www.freedomeveryday.org L.I.F.E. Ministries International (help for addicts and spouses)
www.faithfulandtrueministries.com (866) 408-5433, Mark Laaser and Life Ministries International
www.bethesda workshops.org
www.sexhelp.com
www.thenationalcouncil.org National Counsel on Mental Health and Addiction (770) 989-9754
www.helpandhope.org (888) 891-4673, Rob Jackson (affiliated with Christian Alliance)
www.saa-recovery.org
www.sa.org (866) 424-8777 Sexaholics Anonymous

For a list of Christian Counselors on file in your area with the following organizations contact:

“Every Man’s Battle” workshops and resources from the New Life Ministries (800) 639-5433 www.newlife.com and FOCUS ON THE FAMILY COUNSELING CENTER (719) 531-3400, www.family.org

PARENTING

GENERAL INFORMATION

1-2-3 Magic for Christian Parents: Effective Discipline for Children 2-12 Thomas Phelan and Chris Webb

I Brake For Meltdowns, Michelle Nicholassen and Barbara O’Neal

The Blessing of a Skinned Knee Wendy Mogel

Parent’s Guide to the Spiritual Growth of Children, Focus on the Family

Parenting: 14 Gospel Principles That Can Radically Change Your Family Paul David Tripp

Money Matters (teaching children money management), Jim Weimann and Larry Burkett

Parent’s Guide to the Spiritual Growth of Children, Focus on the Family

Money Matters (teaching children money management), Jim Weimann and Larry Burkett

A Parent’s Guide to Preventing Homosexuality Joseph Nicolosi

Protecting Your Child in An X-Rated World Frank York and Jan LaRue

How and When to Tell Your Kids About Sex Stanton and Brenner James

Movie Nights for Kids: 25 Flicks to Inspire, Entertain and Teach Your Children John Fornof

Setting Limits: How to Raise Responsible, Independent Children by Providing Clear Boundaries Robert MacKenzie

Setting Limits with Your Strong-Willed Child : Eliminating Conflict by Establishing Clear, Firm, and Respectful Boundaries Robert MacKenzie

Parenting with Love and Logic Foster Cline and Jim Fay

Parenting Teens with Love and Logic Foster Cline and Jim Fay

Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years Foster Cline and Jim Fay

Behavior Management At Home: A Token Economy Program for Children and Teens Harvy Parker

Bringing Kids Up without Tearing Them Down Kevin Leman

Keeping Your Kids Afloat When it Feels Like You’re Sinking Cyndi Lamb Curry

Boundaries With Kids Drs. Henry Cloud and John Townsend

Answering the 8 Cries of the Spirited Child David and Claudia Arp

Parenting the Strong Willed Child: The Clinically Proven Five-Week Program for Parents of Two to Six-Year-Olds Rex Forehand and Nicholas Long

The New Hide or Seek: Building Self-Esteem in a Child James Dobson

Strong Fathers, Strong Daughters Megan Meeker

Bringing Up Boys James Dobson

The Key to Your Child’s Heart Gary Smalley

www.mibicip.com (works across ALL devices as an internet filter and can track locations, limit screen time, manage apps, supervise videos, etc.)

www.ahaparenting.com

www.familysafe.com (indexes devices to filter questionable content on media)

www.pluggedinonline.com (provides reviews and content of games, TV programs, DVDs, and CDs)

www.common sense media.org (for parents and educators—reviews for **all** media)

www.screenit.com (provides reviews and content of movies)

www.pluggedinmag.com (provides a lyrical breakdown of CDs released since 1998)

www.focusonyourchild.com (800) 232-6459 resources from **Focus on the Family**

PARENTING CHILDREN WITH SPECIAL NEEDS

Different Dream Parenting: A Practical Guide to Raising A Child With Special Needs Jolene Philo

You and Your ADD Child: How to Understand and Help Kids with Attention Deficient Disorder Paul Warren

ADD Hyperactivity Workbook for Parents, Teachers, and Kids Harvey Parker

The Attention Deficit Child Grant Martin

Driven to Distraction (ADHD resource for children and adults) Edward Hallowell and John Riley

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(PARENTING CHILDREN WITH SPECIAL NEEDS, cont)

Why ADHD Doesn't Mean Disaster Dennis Swanberg, Dr. Walt Larimore, and Diane Passno
A Special Kind of Love: For Those Who Love Children With Special Needs Susan Osborn and Janet Mitchell
Facing Autism Lynn M. Hamilton
Chronic Kids, Constant Hope: Help and Encouragement for Parents of Children with Chronic Conditions Elizabeth Hoekstra and Mary Bradford
CHADD (resources and support for children and adults with attention deficit disorder) 1-800-233-4050

PARENTING TEENS

(see also *General Information* under PARENTING and DEALING WITH TROUBLED CHILDREN)

Talking With Teens About Sexuality Drs. Beth Robinson and Latayne Scott
Adolescence Isn't Terminal Dr. Kevin Leman
The Disconnected Generation: Saving Our Youth from Self-Destruction Josh McDowell
Parenting Adolescents Kevin Huggins
Parenting Teens With Love and Logic Cline and Foster
Parents, Teens and Boundaries Jane Bulestein
Movie Nights: 25 Movies to Spark Spiritual Discussions with Your Teen Bob Smithouser

SINGLE PARENTING

(see also *General Information* under PARENTING)

Financial Guide for the Single Parent Larry Burkett
Kids and the Single Mom: Real-Word Guide to Effective Parenting Jennifer Barnes Maggio
Parenting Alone: Single Parents, Ramona Warren
Successful Single Parenting, Gary Richmond
The Single Dad's Survival Guide Mike Klumpp
Going It Alone: Meeting the Challenges of Being a Single Mom Michelle Ho
From One Single Mother to Another Sandra Aldrich
101 Ways to Be a Long-Distance Super Dad...Or Mom, too! George Newman
Resource: Focus on the Family, Colorado Springs, CO. (800) 232-6459

GRANDPARENTS AS PARENTS

(see also *General Information* under PARENTING)

Grandparents as Parents: A Survival Guide for Raising a Second Family DeToledo and Brown
The Grandfamily Guidebook: Wisdom and Support for Grandparents Raising Grandchildren Andrew Adesman and Christine Adamec
Raising Your Children's Children: Help for Grandparents Raising Grandkids Martha Evans Sparks
The Sacred Work of Grandparents Raising Grandchildren Elaine Williams
Grandparents Raising Grandchildren: Expanding Your View, A Guidebook for the Kinship Caregiver Linda Dannison and Andrea Smith

DEALING WITH TROUBLED CHILDREN

(see also *General Information* under PARENTING)

Setting Boundaries with Your Adult Children: Six Steps to Hope and Healing for Struggling Parents
Allison Bottke
The Explosive Child: The New Approach For Understanding and Parenting Easily Frustrated, Chronically Inflexible Children Ross Greene
Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger Meg Eastman
Parents in Pain: Overcoming the Hurt and Frustration of Problem Children John White
Relief for Hurting Parents Buddy Scott
Pills for Parents in Pain Lee Ezell
Get Out of My Life Anthony Wolf
Why Christian Kids Rebel: Trading Heartache for Hope Tim Rimmel
You Can't Make Me Cynthia Tobias
When Your Child Has Been Molested: A Parent's Guide to Healing and Recovery Kathryn Brohl and Joyce Case Potter
What Children Need to Know When Parents Divorce William Coleman
Helping Children Survive Divorce: What to Expect, How to Help Archibald Hart
Growing Up With Divorce, Helping Your Child Avoid Immediate and Later Emotional Problems Neil Kalter
www.wingatewildernesstherapy.com (800) 560-1599 (help for troubled teens)
www.shelterwood.org (boarding school for troubled teens)
www.dc4k.org DivorceCare for Kids

STEP-PARENTING

(see also *General Information* under *PARENTING*)

Resource: www.successfulstepfamilies.com

Wisdom On Step-Parenting: How to Succeed Where Others Fail Dr. Diana Weiss-Wisdom

The Smart Stepfamily Ron Deal

Resource: Step Family Association of America (800) 735-0329

Step by Step-Parenting James Eckler

Making it as a Stepparent Claire Berman

52 Ways to be a Better Stepparent O'Conner & Flowers

You're a Stepparent...Now What? Joseph Cerquone

Winning the Heart of Your Stepchild Bob Barnes

ADDITIONAL CHALLENGES

ADDICTIONS

The Enabler: When Helping Hurts the Ones You Love Angelyn Miller

The Addiction Recovery Skills Workbook: Changing Addictive Behaviors Suzzette Glasner-Edwards and Richard Rawson

Addiction and Grace Gerald May

Alcoholics Anonymous www.aa.org

Gamblers Anonymous www.gamblersanonymous.org

Narcotics Anonymous www.na.org

Overeaters Anonymous www.oa.org

Sex Addicts Anonymous www.sexaa.org

Sexaholics Anonymous www.sa.org

Celebrate Recovery www.celebraterecovery.com

ADULT ADD/ADHD

Driven to Distraction, (ADHD for children and adults) Edward Hallowell and John Ratey

Delivered From Distraction: Getting the Most Out of Life With Attention Deficit Disorder Edward Hallowell and John Ratey

The Gift of Adult ADD: How To Transform Your Challenges and Build On Your Strengths Lara Honos-Webb

Organizing Solutions For People With ADHD: Tips and Tools to Help You Take Charge of Your Life and Get Organized Susan Pinsky

Healing ADD: Simple Exercises That Will Change Your Daily Life Thorn Hartman

Taking Charge of Adult ADHD Russell Barkley

When An Adult You Love Has ADHD: Professional Advice for Parents, Partners, and Siblings Russell Barkley

The ADHD Effect On Marriage: Understand and Rebuild Your Relationship in Six Steps Melissa Orlov

CHADD (resources and support for children and adults with attention deficit disorder) 1-800-233-4050

ANGER

Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse Paul Hegstrom

When Love Turns to Fear Allison Ogden

Setting the Captives Free: A Christian Theology for Domestic Violence Ron Clark

The Enabler: When Helping Hurts the Ones You Love Angelyn Miller

Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness Dr. Archibald Hart

Taming the Dragon in Your Child: Solutions for Breaking the Cycle of Family Anger Meg Eastman

Getting the Best of Your Anger Les Carter

The Anger Workbook (to accompany the above book) Les Carter

Make Anger Your Ally Neil Clark Warren

COPING WITH AGING PARENTS

As Parents Age: A Psychological and Practical Guide Joseph Ilardo

How to Care for Aging Parents Virginia Morris and Robert Butler

Caring for Your Aging Parents: A Sourcebook of Options and Solutions for Both Generations Helene MacLean

Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive Claire Berman

Are Your Parents Driving You Crazy? Joseph Ilardo and Carole Rothman

Complete Guide to Caring for Aging Loved Ones Betty Free

DEPRESSION

New Light on Depression: Help, Hope, & Answers for the Depressed & Those Who Love Them David Biebel and Harold Koenig

The Freedom from Depression Workbook Dr. Les Carter, Dr. Frank Minirth

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(DEPRESSION, cont)

The Feeling Good Handbook (self help for depression) David Burns
Mood Swings, Dr. Paul Meier, Dr. Frank Minirth, Stephen Arterburn
Take Charge of Bipolar Disorder: A 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability Julie Fast
Depression Fallout: The Impact of Depression on Couples and What You Can Do to Preserve the Bond Ann Sheffield
Unmasking Male Depression: Recognizing the Root Cause to Many Problems Behaviors Such As Anger, Resentment, Abusiveness, Silence, Addictions and Sexual Compulsiveness Dr. Archibald Hart
Unveiling Depression in Women: A Practical Guide to Understanding and Overcoming Depression
NEW HARBINGER SELF-HELP WORKBOOKS (85 individual titles addressing different issues)
Drs. Archibald Hart and Catherine Hart Weber
Resources for 'Attacking Anxiety and Depression' Midwest Center, www.stresscenter.com (800) 611-5485

DIVORCE

Divorce Care Support Groups www.divorcecare.com
Breaking the Cycle of Divorce: How Your Marriage Can Succeed Even if Your Parent's Didn't John Trent
When the Vow Breaks: A Survival and Recovery Guide for Christians Facing Divorce Warren Kniskern
Growing Through Divorce Jim Smoke
When He Leaves Kari West and Noelle Quinn
The Divorce Recovery Guide A. Treeson, Mary Hollingsworth, Michael Washburn
The Complete Divorce Recovery Handbook John Splinter
Single Again, The Uncertain Journey Jim Smoke
Between Two Worlds Elizabeth Marquardt
The Unexpected Legacy of Divorce: A 25-year Landmark Study Judith Wallerstein
Helping Children Survive Divorce: What to Expect, How to Help Archibald Hart
Growing Up With Divorce, Helping Your Child Avoid Immediate and Later Emotional Problems Neil Kalter
What Children Need to Know When Parents Divorce William Coleman

FOR SOMEONE TERMINALLY ILL

The Journey Home: Finishing With Joy Bill Bright
Living Fully in the Shadow of Death Susan Zonnebelt-Smeenge and Robert DeVries
When Your World Falls Apart David Jeremiah
A Bend in the Road David Jeremiah
Packing for the Big Trip Charlie Walton

GRIEF

A Grace Disguised: How the Soul Grows Through Loss Gerald Sittser
Yet Will I Trust Him: Understanding God in a Suffering World John Mark Hicks
Beyond the Storm Dr. Jerry Jones
When there are no Words Charlie Walton
A Grief Observed C. S. Lewis
Hiding From Love: Learning to Feel and Serve Again Dr. John Townsend
When Children Grieve John James and Russell Friedman
The Color of Rain: How Two Families Found Faith, Hope and Love in the Midst of Tragedy Michael and Gina Spehn
<https://sparkoflife.org>
www.griefshare.org
<http://widowedparent.org>

IN-LAWS

The Mother-in-Law Dance: Can Two Women Love the Same Man and Still Get Along? Annie Chapman
Toxic In-Laws: Loving Strategies for Protecting Your Marriage Susan Forward
Loving Your Relatives: Even When You Don't See Eye to Eye David and Claudia Arp, John and Margaret Bell.
Inlaws, Outlaws and the Functional Family: A Real-World Guide to Resolving Family Issues Harry Jackson
Boundaries: When to Say Yes, When to Say No to Take Control of Your Life John Townsend
(See also titles under 'Relationships')

ISSUES FROM YOUTH

NEW HARBINGER SELF-HELP WORKBOOKS (85 individual titles addressing different issues)
The Toxic Parents Survival Guide: Recognizing, Understanding, and Freeing Yourself Bryn Collins

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(ISSUES FROM YOUTH, cont)

Addicted to Love: Understanding Dependencies of the Heart, Romance, Relationships and Sex Stephen Arterburn
Released From Shame: Moving Beyond the Pain of the Past Sandra Wilson
The Soul of Shame: Retelling the Stories We Believe About Ourselves Curt Thompson
Adult Children: The Secrets of Dysfunctional Families John and Linda Friel
The Healing Journey for Adult Children of Alcoholics Daryl Quick
Changes That Heal: How to Understand Your Past to a Healthier Future Dr. Henry Cloud
Broken Children, Grown-up Pain; Understanding the Effects of Your Wounded Past Paul Hegstrom
Love is a Choice: The Definitive Book on Letting Go of Unhealthy Relationships Drs. Frank Minirth, Paul Meier, and Robert Hemfelt
Codependent No More and Codependent No More Workbook Melody Beatti
The Freedom from Depression Workbook Dr. Les Carter and Dr. Frank Minirth
The Feeling Good Handbook (self help for depression) David Burns
Made to Crave Lysa TerKeurst
Love Hunger, Weight Loss Workbook Dr. Frank Minirth and Dr. Paul Meier
Resources for 'Attacking Anxiety and Depression' Midwest Center, www.stresscenter.com (800) 611-5485

PERSONALITY DISORDERS

(See also information under RELATIONSHIPS)

Fatal Flaws: Navigating Destructive Relationships with People with Disorders of Personality and Character Dr. Stuart Yodofsky
The Essential Family Guide to Borderline Personality Disorder: New Tools and Techniques to Stop Walking on Eggshells Randi Kreger
Mind Games: Emotionally Manipulative Tactics Partners Use To Control Relationships and Force the Upper Hand Pamela Kole
Character Disturbance: The Phenomenon of Our Age George Simon Jr.

RELATIONSHIPS

Boundaries: When to Say Yes, When to Say No to Take Control of Your Life John Townsend
5 Types of People Who Can Ruin Your Life: Identifying and Dealing With Narcissists, Sociopaths, and Other High-Conflict Personalities Bill Eddy
Setting Boundaries With Your Adult Children: Six Steps to Hope and Healing for Struggling Parents Allison Bottke
When Parents Hurt: Compassionate Strategies When You and Your Grown Child Don't Get Along Joshua Coleman
Safe People: How To Find Relationships That Are Good For You and Avoid Those That Aren't Henry Cloud and John Townsend
Difficult Mothers, Adult Daughters Karen Anderson
For Mothers of Difficult Daughters: How to Enrich and Repair the Relationship in Adulthood Charney Herst

REMARRIAGE

See also 'Step-Parenting'

The Remarriage Checkup: Tools to Help Your Marriage Last a Lifetime Ron Deal and David Olson
In Love Again and Making it Work: Successful Remarriage Dick Dunn
Finding the Right One After Divorce: Avoiding the 13 Common Mistakes People Make in Remarriage Edward Tauber and Jim Smoke

SINGLENESS

God's Call to the Single Adult, Mike Cavanaugh
Believing God For His Best: How to Marry Contentment and Singleness Bill Thrasher
Living Single: The Different Faces of Singleness Kevin Smith
Singleness: A Strategy for Emotional Peace Every Single Man's Battle Workbook Stephen Arterburn
Every Single Woman's Battle Workbook Shannon Ethridge
Your Single Treasure: The Good News About Singles and Sexuality Rick Stedman
No Sex Please (Until We're Married): The No-Compromise Search for the Love of Your Life Ian Gregory

TRAUMA

Trauma Survivors' Strategies for Healing Elena Welsh
The PTSD Workbook: Simple, Effective Techniques for Overcoming Traumatic Stress Symptoms Beth Williams and Soili Poijula
Overcoming Trauma and PTSD Sheela Raja

* The above books can be ordered online from www.amazon.com, www.christianbooks.com, or from a Christian bookstore in your area. For a topical listing of articles, resources and referrals concerning specific issues, visit Focus on the Family www.family.org; the MEIER CLINICS, 1-888-725-4642, www.meierclinics.com; NEW LIFE CLINICS 1-800-NEWLIFE; or the AMERICAN ASSOCIATION OF CHRISTIAN COUNSELORS www.aacc.net.