

Trouble In Paradise: Pornography



This thought-provoking and professionally presented session defines and addresses the origins of all addictive behavior and provides the scientific data explaining sexual addictions. Having grown to epidemic proportions via the internet, pornography is often considered the "secret sin." Unless addressed, its addictive powers have a devastating impact on individuals and relationships. The session concludes with the practical information necessary to break out of its bondage.

I. Understanding the Problem

A. Definition:

"Sex used or depicted in any way that distorts God's intent. It encourages selfishness not selflessness. It is based upon lust and not love and _____
_____."

B. Source of addictive behavior

1. An addiction is formed in an effort to _____
_____ or to mask _____

2. Main function: _____ mental or physical discomfort.

3. Addictive cycle

- triggered by negative feelings: _____
or physical pain
- fueled by the need for _____ and
_____ behavior

C. Addictive behavior

1. Any substance or behavior can become addictive if:

- it is used to _____
- it is repetitive in a _____ way
- has led to or will lead to _____

2. An addiction is present if one...

- _____ to cover behavior
- _____
physically, mentally, financially or spiritually
- _____ one's value system

The addiction becomes the _____

II. Sexual addictions

A. Source

1. deep unmet _____ from childhood
2. fear of _____ in adulthood
3. _____ dependent and
_____ seeking

B. Defining factors

Not _____ of sexual activity,
but _____ sexual activity _____

1. Sex...

- ...is used _____
- ...is not _____
- ...leads to _____



2. A _____ addiction
“ _____ by itself causes the
body to produce chemical reactions in the brain _____
_____ ”

C. Nature of the sex drive

1. Automatic response _____

2. Compounding factors

“Every human emotion _____
_____ ”

3. Habituation or desensitization

“We become used to _____
_____ to us”

D. Effects on the individual

1. Images _____

2. _____ of others for one’s
personal pleasure is encouraged

3. Erotica linked to _____

4. The abuse of others _____

“Other people whether real or imagined are regarded as
_____ to be used or abused”

E. Effects on the marriage

1. _____ of children and spouse

2. The fantasy world _____
and the real world _____

DISSATISFACTION _____!



III. Breaking Out of Bondage

Goal: Learn to address in a productive manner
the feelings and emotions that trigger the addictive cycle

A. Decide _____

Ephesians 5:1

I Corinthians 6:15-20

Philippians 4:8

B. Accept _____

II Samuel 12:13

C. _____

Phil. 4:6

D. Take _____

James 2:17

E. Change _____

Hebrews 3:1

Hebrews 12:2

II Corinthians 4:18

F. Become _____

James 5:16